



October 29, 2020

Respect ~ Responsibility ~ Pride

Dear Students and Parents,

I want to take a moment to thank the MVMS community for their generosity in supporting our annual “Orange Out Day” to support the Goffstown Food Network. We have extended the donation deadline through Tuesday, November 2nd. Orange Out Day is always a huge success and is much appreciated by our community. It is generosity, like this, that reminds me how fortunate I am to work in such a caring community. Thank you!

Thank you for continuing to be being cautious during arrival and dismissal. I appreciate everyone driving slowly and watching for merging cars at each of our drop-off/pick-up locations in the back of the building. Thank you for also making sure your child is entering/exiting your car from the passenger side of the vehicle.

Students have been exceptional in making sure they remain socially distanced throughout the school day. They have also been vigilant in washing their hands and keeping their workspace clean. Thank you for remembering to have your child wear their cloth mask covering everyday. As a gentle reminder, students should not wear masks with a one-way valve or ‘gator’ masks. We have and will continue to offer masks at MVMS for any student who needs one. For more information on masks and social distancing guidelines from SAU 19, please see the MVMS home page.

Lastly, our character development theme for the month of November is empathy. We will have team and school-wide discussions on the following: What does empathy look like? How does one show empathy? Why is empathy important? Please reinforce this concept at home with your student(s) and discuss the important role empathy plays in our lives.

Thank you for your continued support!

Sincerely,

*Wendy Kohler
Principal*

Important Dates

November 3 (Tue.)	NO SCHOOL – Voting Day
November 11 (Wed.)	NO SCHOOL – Veteran’s Day Holiday
November 25 (Wed.)	Early Release
November 26 (Thu.) & November 27 (Fri.)	Thanksgiving Break – NO SCHOOL

Arrival and Dismissal

A friendly reminder to please drive slowly around the back-bus loop while picking up/dropping off your child. All students should also exit and enter the car from the passenger side of the vehicle. Thank you for reminding your student to exit the vehicle with their cloth mask covering on.

Fully Remote Students in Grade 7 and Grade 8

Please make sure your student repeatedly checks their email for the links to our 'live' instruction for social studies, language arts and science each week. All fully remote students are offered two live instructional blocks beyond their "team" Friday Zoom sessions. Please make sure your student makes every effort to attend!

Attendance Phone Calls

Attendance phone calls began on Monday 9/21/2020. Please remember to call the MVMS absence line (497-8288 and when prompted press 2) if your child will not be attending their scheduled in-person day prior to 8:15. Fully remote students, who will not be attending, should also be called into the absence line as well.

Health Corner

Dear Parents & Guardians:

We truly appreciate all of your efforts in reducing the risk of COVID-19 transmission in our schools. As a reminder, if your child is exhibiting any symptoms of COVID-19, even mild, we ask that you keep your child home from school and contact your child's primary care provider. Many of the symptoms of COVID-19 are similar to the common cold, the flu, and other illnesses. While it may appear that your child just has the common cold or the flu, **healthcare providers cannot rule out COVID-19 without testing for it.** The MVMS nurses have been, and will continue to send children home who are symptomatic at school. As a reminder the symptoms of COVID-19 include:

- Fever
- Cough
- Shortness of breath or difficulty breathing
- Sore Throat
- Runny nose or nasal congestion
- Muscle or body aches
- Fatigue
- Headache
- New loss of taste or smell
- Nausea or vomiting
- Diarrhea

As a reminder we still require all students wear a cloth face covering while on the bus and in while at school, **gators and valved masks are not allowed.** Also, continue to reinforce social distancing guidelines, as well respiratory and hand hygiene with your children. Please contact the MVMS nurses if your child experiences any of the above symptoms or you have questions about COVID-19 exposure **before sending them to school.** We are a resource for you and your family. We are happy to assist you during this unprecedented time. Together we can keep our families healthy and our schools open.

Thank you,

Sara Matatall RN &
sara.matatall@sau19.org
660-5623

Susan Potvin RN
susan.potvin@sau19.org
660-5615

Food Service Information

~ This year **all** school meals are FREE to ALL students! ~

We ask that parents/guardians pre-order meals, following the instructions below, to help us with the delivery to the classrooms.

Ordering Meals

You need to either download the NutriSlice App from your app store or go through the food service webpage for the menus.

1. Select MVMS.
2. Select the appropriate menu.
3. Pick your child's meal on the day he/she will be attending school.
4. Choose from the optional items then click Add to Order.
5. You may pick another day your child is attending school or you may check out for that student.
6. Click on the lunch bag on the top left of the screen.
7. View your cart and confirm it is correct, then click Checkout or Create an Account. You will need to create a Parent account and then add students with their lunch number in order to Checkout.
8. Choose who the order is for.
9. Select Pickup: Choose grade level; enter your child's homeroom in the box on the right above the submit button.
10. Click submit.
11. If you have additional children to order for you will need to click on Start Another Order.

A student ID number is necessary, for bookkeeping purposes. You will **not** be charged.

If you need further help either contact the MVMS kitchen or food service by emailing Megan Bizzarro, megan.bizzarro@sau19.org.

Ski Club

We will not have any buses go to the mountain because the bus company will not be able to provide buses. This year, all students will have to be driven by parents. Lessons will be on Mondays because Pats cannot handle that many students on Friday nights. They are trying to social distance as well. Mondays will be our ski night just for this year. Things will go back to normal next year. Their lessons will be from 4:30-5:30pm followed by free skiing for the night-January 4th-February 8th, 2021.

Please reach out to Paola Gomes if you have any questions:

mespourquoi@aol.com

674-9418

Yearbook

Yearbooks are now available to purchase online now for \$22 until 11/20. They then go up to \$24 until 1/29 and finally \$26 until 5/21.

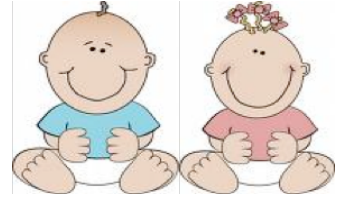
Click the link to the yearbook ordering

site: https://www.jostens.com/apps/store/productBrowse/1010121/Mountain-View-Middle-School/2021-Yearbook/20201007042455977156/CATALOG_SHOP/

Eighth Grade Parent(s),

Looking for a creative way to tell your child, "I love you and I'm proud of you"?

Place a recognition ad in the yearbook.



A recognition ad is always a great idea. In the future, seeing your message will bring a smile as students remember your love and support during these important years. It's easy to create a recognition ad. Just send us your favorite baby photo and compose your message. **You must have your son/daughter's name on the back of the picture. Please supply a self-addressed stamped envelope if you would like the photo returned in June 2021.**

We will try to keep the ad a secret until the yearbook is distributed. If your son or daughter is on the yearbook staff this may not be possible.

Reserve a space for your recognition ad today. Like the yearbook, your message will be a permanent memory.

Thank you!

Sincerely,
The Yearbook Staff

RECOGNITION AD ORDER FORM--- MUST BE FILLED OUT COMPLETELY!

Student name _____ Team _____

Parent name _____ Phone _____

Cost \$14.00 (Checks made out to MVMS – Yearbook)
Message: Limit 35 words or less!

Signature _____ Check # _____

MUST BE RETURNED TO MS. SINCLAIR, ROOM 212 BY NOVEMBER 30, 2020.

PBIS Theme of the Month – Empathy

November’s PBIS Theme of the Month is Empathy. Staff and students are focused on what empathy looks like here at MVMS and how one should go about living their life with empathy. Be sure to chat with your student about what he/she is learning about empathy.

Guidance Department Corner

Middle Years

Please click [\[Here\]](#) to view this month’s edition of Middle Years. If you’re unfamiliar with the Middle Years publication, the purpose is to provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

Guidance Counselors

If you need to consult with a counselor for advice/information for your student, please contact one of the following:

<u>Name</u>	<u>Grade</u>	<u>Phone Number</u>
Ryanne Roy	5 & 6	(603) 660-5616
Melanie Cali	7	(603) 660-5607
Erin Sakolosky	8	(603) 660-5606